



CYCLING TRIPS



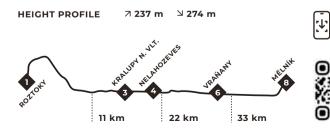
LEGEND





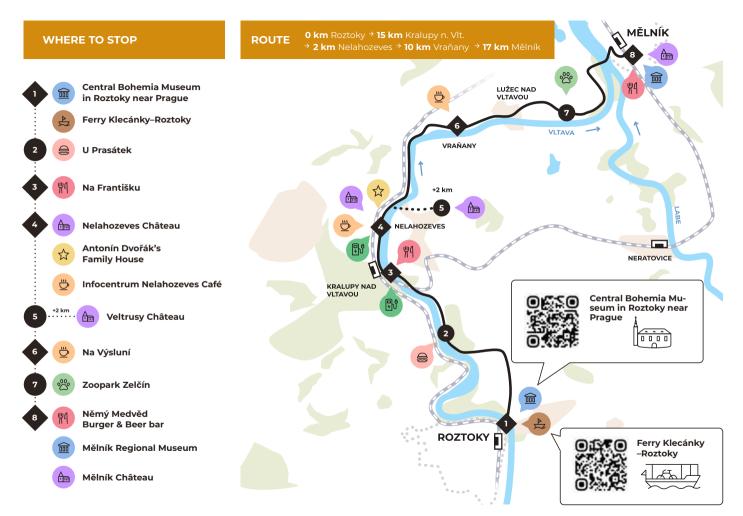


Cycle along the Vltava River to the point where it is swallowed by the stronger current of the Elbe. There are many interesting stops along the route, which is longer but not hard. Right at the beginning you can visit the Central Bohemian Museum in Roztoky u Prahy with the Archevita exhibition, from where you can reach the other bank by a regular ferry. The river stream will not only lead you past the Nelahozeves Renaissance Château, but also past Veltrusy Château, a Baroque pearl, to the heart of the Bohemian wine industry and Mělník, the town of queens.











TOUR OF THE KOKOŘÍN REGION



Take a round trip from Mšeno and back across the Kokořín region. The route, which is over 40 km long, will lead you through deep Kokořín forests full of sandstone rocks and Kokořín villages boasting their log houses. The towers of Kokořín Castle, towering above the treetops, and the Vrátenka lookout tower, visible from afar, will be your landmarks during the trip. In the village of Lobeč, be sure to explore the 500-year-old tradition of brewing beer in the Kokořín region in the local steam-powered brewery.











WHERE TO STOP



ROUTE 0 km Mšeno \rightarrow 10 km Jestřebice \rightarrow 27 km Lobeč \rightarrow 7 km Mšeno

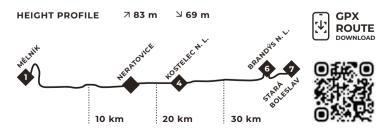




ELBE TRAIL TO STARÁ BOLESLAV

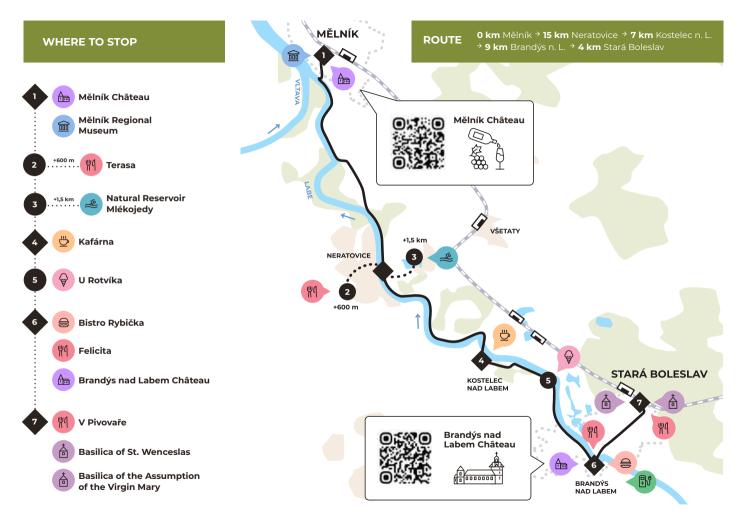


Get to know the wine royal dowry town of Mělník, and also our oldest Marian pilgrimage site of Stará Boleslav with the Basilicas of St. Wenceslas and Assumption of the Virgin Mary. Between the two towns you can ride along the flat, long-distance Elbe Trail, which follows the Elbe River for most of the way. The trip is best enjoyed in summer because you will pass a number of flooded quarries with public beaches along the way. From Mělník you will pass the former Hadík lock and continue across the flat land until you reach the place where our patron saint, St. Wenceslas, was allegedly murdered.







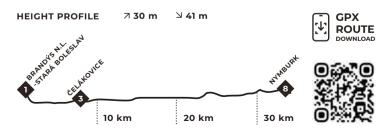




ACROSS THE LAND OF BOHUMIL HRABAL



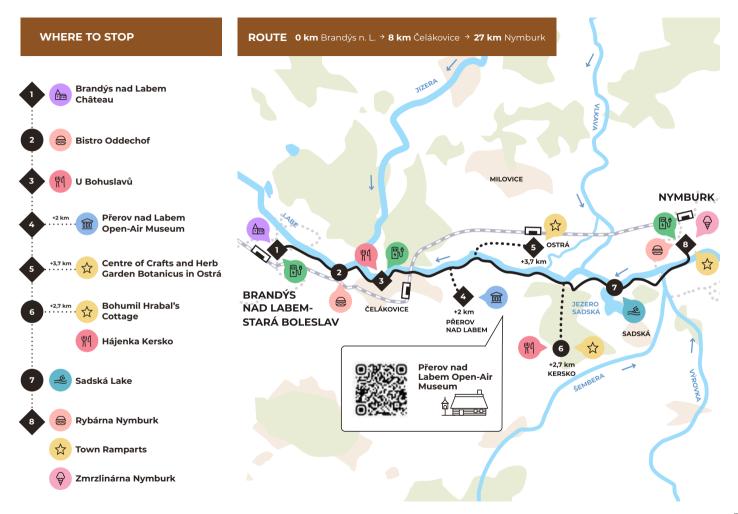
The easy route will take you to Bohumil Hrabal. Along the Elbe River you will travel to Kersko, a region closely linked to the famous writer, also known as the paradise of gardeners. The route is great for those who are fond of Hrabal's humor and love relaxing rides. Along the way there are a number of stops and short side trips to make the entire trip more interesting. Visit the open-air museum in Přerov nad Labem, which is the oldest one in the Czech Republic. To return, take the train in Nymburk or use the second branch of the Elbe Trail along the right bank of the Elbe River.









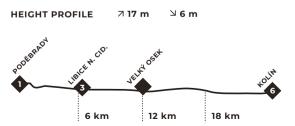




ALONG THE ELBE RIVER FROM PODĚBRADY TO KOLÍN



The two royal towns are connected by the long-distance Elbe Trail. Cycle up the Elbe River from Poděbrady to Kolín. The journey is not hard, and it takes you to a place connected to the very beginnings of the Bohemian kingdom. At the confluence of the Elbe and Cidlina rivers you will find the remnants of the Slavník hillfort. From Kolín you can get back to the spa town of Poděbrady by train. What the two towns have in common besides the Elbe Trail is great gastronomy.





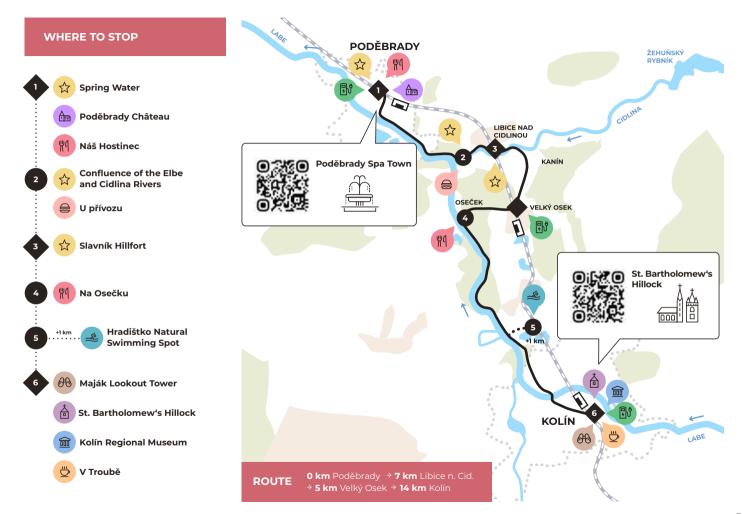




PODĚBRADY









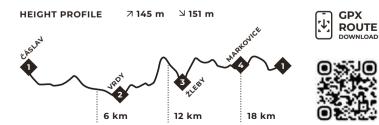
You can hardly find a more romantic château far and wide. Set off from the royal town of Čáslav on a sightseeing tour just over 20 km long, which will take you to Žleby Château with its lookout tower, a varied collection of weapons and armor and a still functional kitchen. In high season we recommend visiting the Žleby Game Preserve, which takes care of white deer and birds of prey.

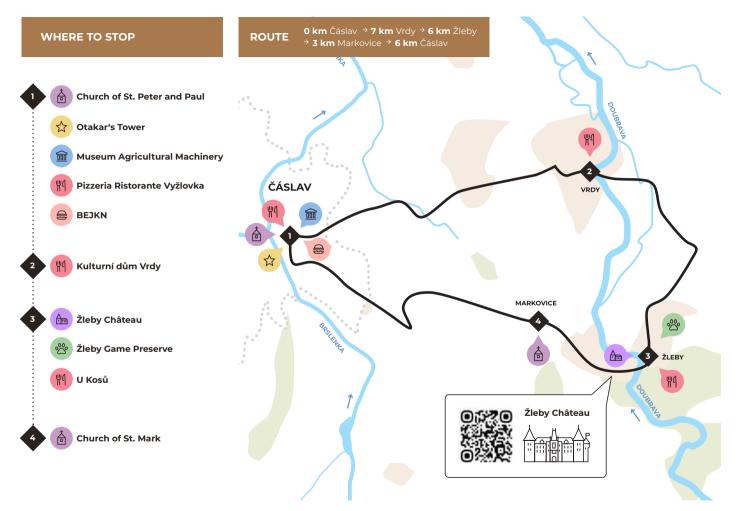










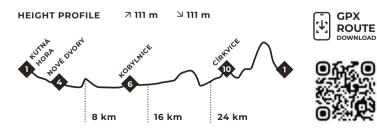


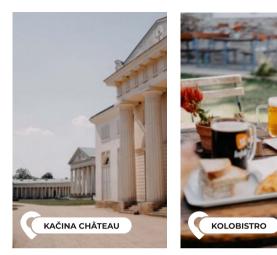


FROM KUTNÁ HORA TO KAČINA AND BACK

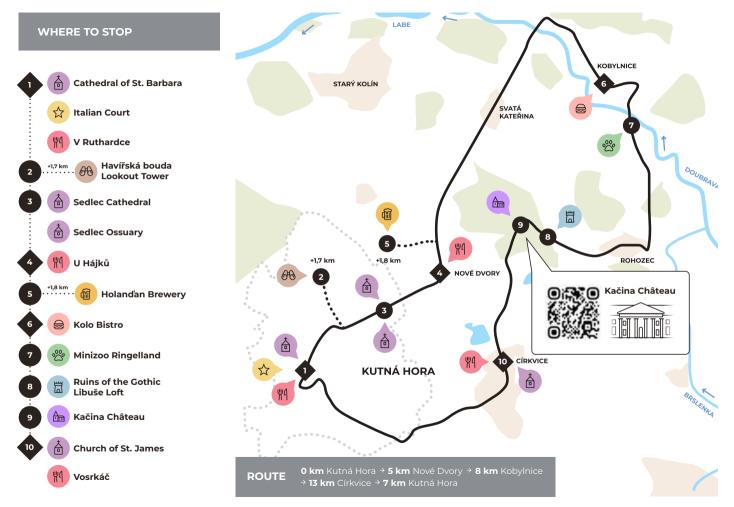


A round trip with a small elevation difference will take you from the royal town of Kutná Hora to the Kačina Château – an Empire-style jewel surrounded by a large park, where you will see, among other things, the expositions of the Museum of the Czech Countryside. But there are many more unexpected and pleasant surprises, such as a church with the largest collection of Romanesque sculptures in the country, Gothic ruins or a world full of large beasts and tigers.







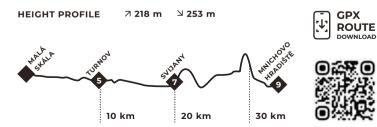




ACROSS THE BOHEMIAN PARA-DISE ALONG THE JIZERA RIVER

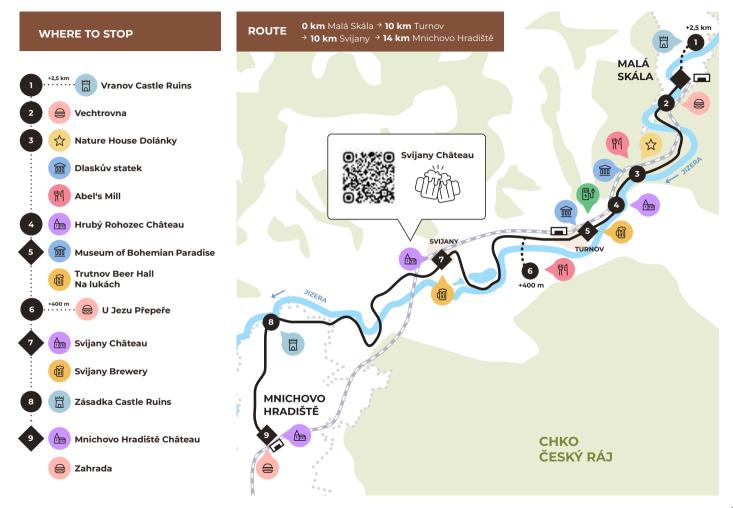


Go to paradise! This relaxing cycle route, which in some places follows the Jizera River, will take you from the Malá Skála railway station to Mnichovo Hradiště with its château, where Giacomo Casanova, the legendary seducer, was in charge of the library. There are plenty of other interesting stops along the way. A farm called Dlaskův statek, Hrubý Rohozec Château and Svijany Brewery are just an example of what awaits you here. The surrounding hilly landscape full of rock formations is just the icing on the cake.







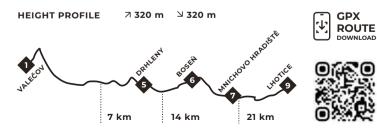




BOHEMIAN PARADISE: CENTRAL BOHEMIA EDITION

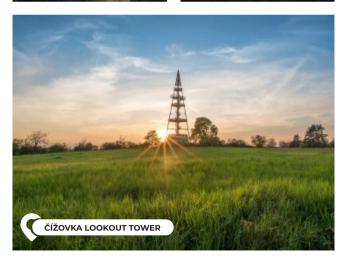


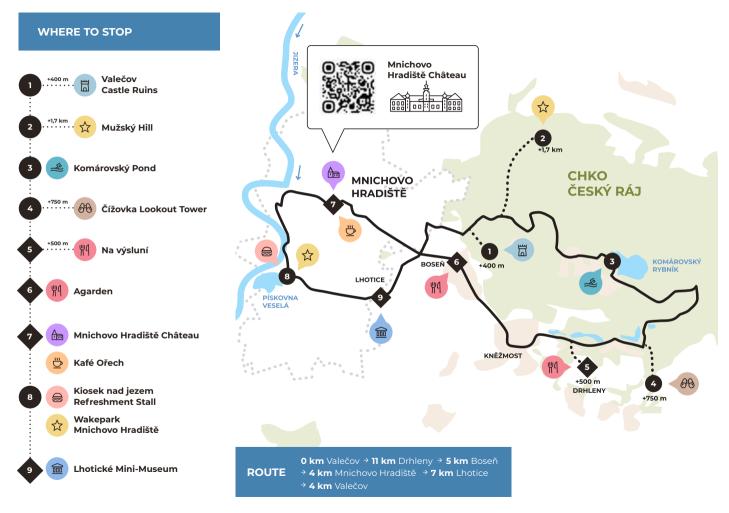
The round trip from Valečov castle ruins leads through beautiful countryside along the border of Bohemian Paradise rock towns. It is definitely worth taking a short detour to the rock castle of Valečov, carved into the sandstone rocks. During the summer, you can enjoy a refreshing swim in the Komárovský Pond, the second largest in the Bohemian Paradise. For relaxation, the Suhrovice Ponds and the Veselá quarry, featuring the Veselý vlek Wakepark, are fantastic options.









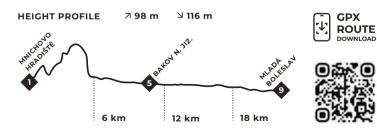




VISITING THE CASTLES AND CHÂTEAUS OF POJIZEŘÍ



The flat region between Mnichovo Hradiště and Mladá Boleslav is decorated with châteaus, ruins and Stations of the Cross. Stop by the pilgrimage chapel of St. Stapin and, after visiting the ruins of Zvířetice Castle, buy a souvenir from your trip at the nearby pottery Hrnčířský dvůr. Before you reach Mladá Boleslav, you will encounter the ruins of Michalovice Castle with its leaning tower called Putna. You can go back to Mnichovo Hradiště by train, which you must have met several times during your trip.

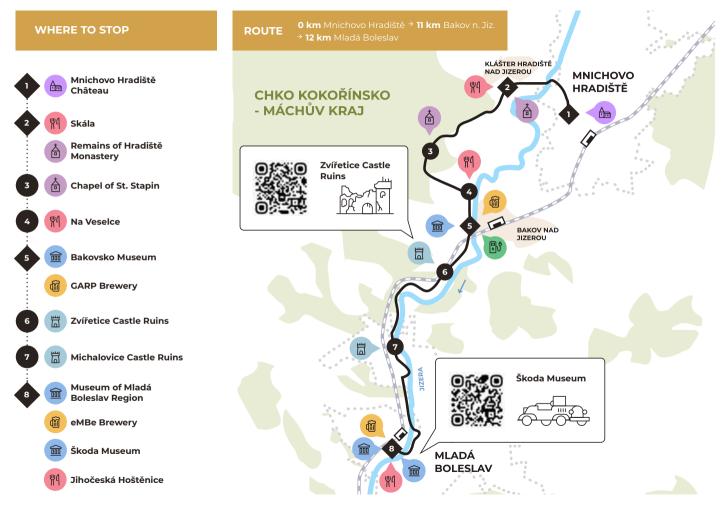










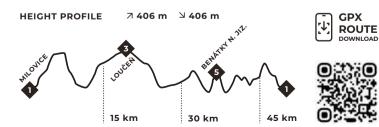




THROUGH THE WILDERNESS OF BENÁTKY NAD JIZEROU



Are you passionate about exploring the wilderness, covering extensive distances, and tackling steep hills? If that's the case, begin your journey from Milovice and embark on a cycling expedition through the untamed countryside surrounding Benátky nad Jizerou. In addition to the cycling experience and sporting performance, you can also look forward to a grazing reserve of horses and aurochs, or a cultural experience in the form of Loučeň Castle with its labyrinths and mazes in the castle park, where you can test your reasoning.

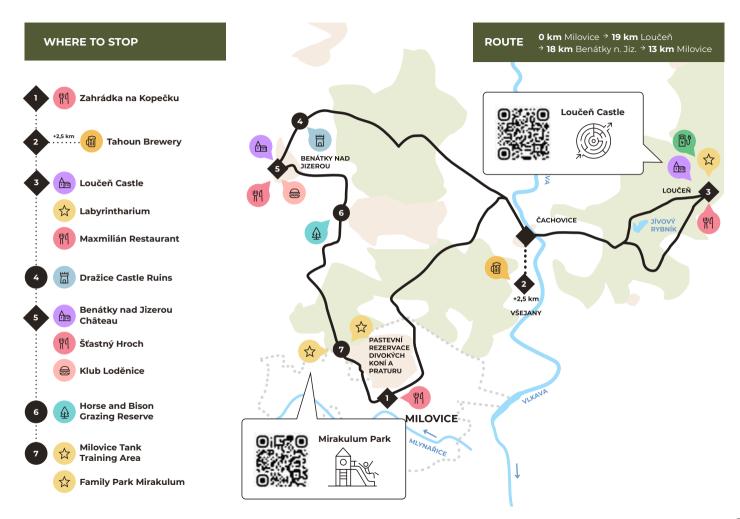




LOUČEŇ CASTLE

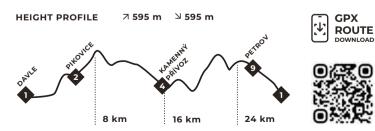
LABYRINTHARIUM IN LOUČEŇ

24





You can take a 30 km round trip from the confluence upstream of the Sázava River. A trip through lower Posázaví is not the easiest one and you need to have enough experience to conquer it. In addition to steep climbs and descents, you will find forest paths, busy roads and smaller side roads. However, you will be rewarded with the landscape surrounding the most beautiful part of the Sázava River. Stop for a moment under the Žampach Viaduct and look up. You are guaranteed to be overwhelmed when looking at the highest railway bridge in Central Europe.







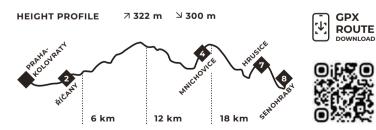
WHERE TO STOP VLTAN **Regional Museum** in Jílové u Prahy JÍLOVÉ U PRAHY Taverna Thessaloniki +2 km Ð **Pikovar Brewery** DAVLE 9 60 PETROV +1 km Café Kandík Ö +900 m BOHULIBY U Vemenáče PIKOVICE ☆ ମ୍ମ $\ddot{\Box}$ Žampach Railway Viaduct 5 ☆ Gold Mines in Jílové u Prahy HRADIŠTKO SAZAVA +1 km KAMENNÝ PŘÍVOZ Pepř Lookout Tower 6 TŘEBSÍN **Regional Museum** +2 km in Jílové u Prahy Florian VLTAVA KRŇANY +900 m 8 ⊜ Zelená rokle 0 km Davle → 4 km Pikovice → 1 km Hradišťko Wolfína ROUTE → 11 km Kamenný Přívoz → 10 km Petrov → 4 km Davle



THROUGH THE LAND OF JOSEF LADA

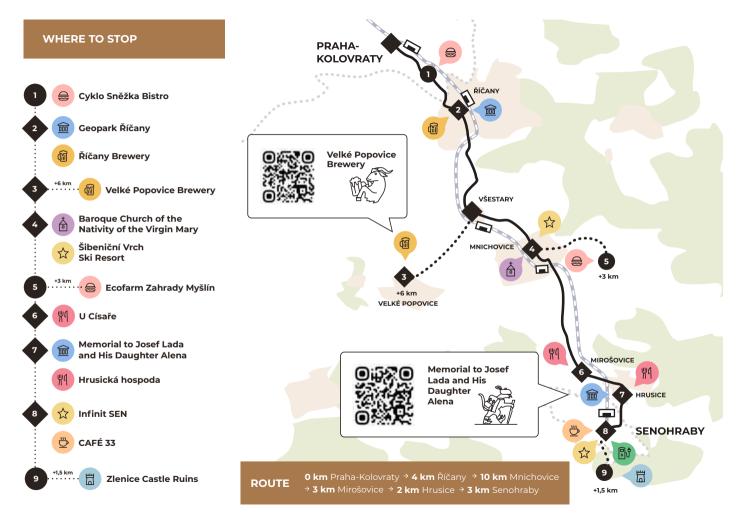


The Lada Region, named after the famous illustrator Josef Lada, attracts visitors to wander in the footsteps of Mikeš the Cat, Bystrouška the Fox or water goblins. Lada made the local villages famous in his work. Explore the area between Kolovraty and Senohraby railway stations, tracing the path alongside the railway line. This route offers the flexibility to pause your journey and either return or proceed by train. To make the trip complete, stop in Hrusice, where Josef Lada was born and where you can see his memorial house.







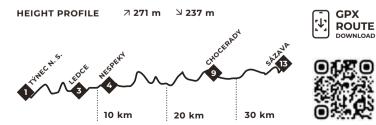




THROUGH THE PARADISE OF TRAMPS ANS PADDLERS



Take a bicycle trip through Posázaví, a paradise of tramps and paddlers! You will encounter three castles, one hillfort, and, most notably, the town of Sázava with its mythical monastery and traditional glassworks. The route is almost 40 km long and follows the Sázava River and the local railway line. In summer, visit the River Baths in Senohraby, which is reminiscent of the First Republic novel and movie called Capricious Summer.







WHERE TO STOP

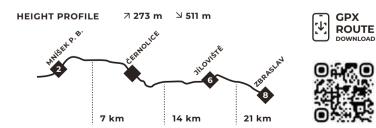




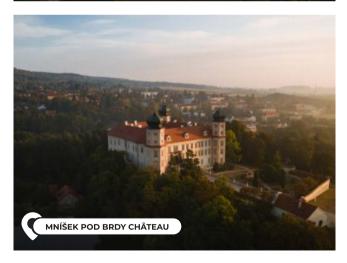
THROUGH THE MNÍŠEK LANDSCAPE

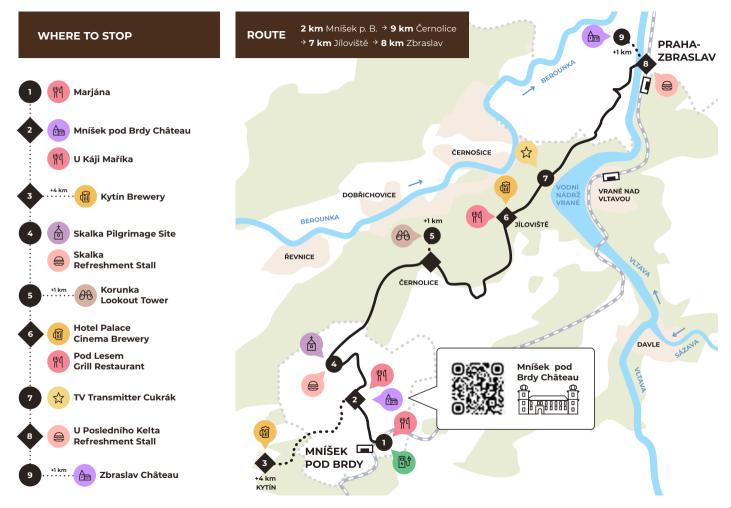


Do you know how to turn a medium-hard route into a hard one? Just ride it from the finish to the start. But if you don't feel like outdoing yourself and wish to enjoy an easy ride, start in Mníšek pod Brdy. A visit to the local château will take you back to the period of the First Republic. Its three towers guard the Skalka pilgrimage site from the top, which will captivate you through its welcoming atmosphere. After a short refreshment at Skalka you will enjoy a relaxing descent through the forest down to the Prague-Zbraslav train station.







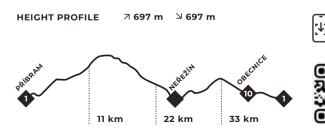




UP THE HIGHEST PEAK OF CENTRAL BOHEMIA



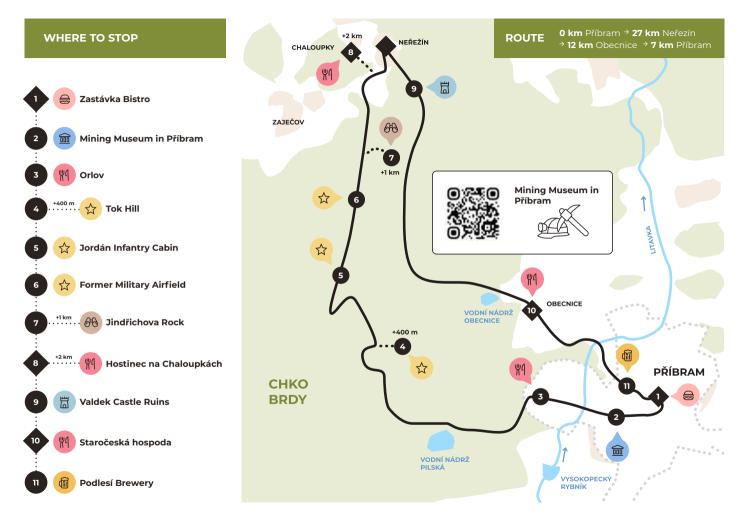
The challenging route with a high elevation difference leads through the former military area of Brdy, past bunkers and up towards the highest peak of Central Bohemia – Tok. Visit a wild landscape resembling the Scottish moors. The Brdy Protected Landscape Area, formerly a closed military area, is today open to tourists and offers many asphalt and off-road paths. In addition, military monuments can literally be found at every turn. There will also be a bit of culture in the form of the Mining Museum and pilgrimage site called Svatá Hora in Příbram.









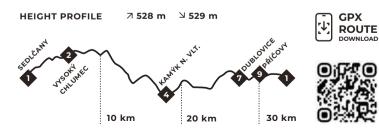




ROUND TRIP THROUGH SEDLČANY REGION



The jewel of the Sedlčany region is its almost untouched nature and unusual views of the countryside – enjoy them from the saddle of your bike on a 34 km long round trip. You will start and finish in Sedlčany. The ruins of Vrškamýk Castle, which once served as a summer residence of the oldest monarchs, are worthy of a stop (via a short detour), while the open-air museum in Vysoký Chlumec, the torso of the windmill in Příčovy and the accessible granary in Drážkov are also of note.

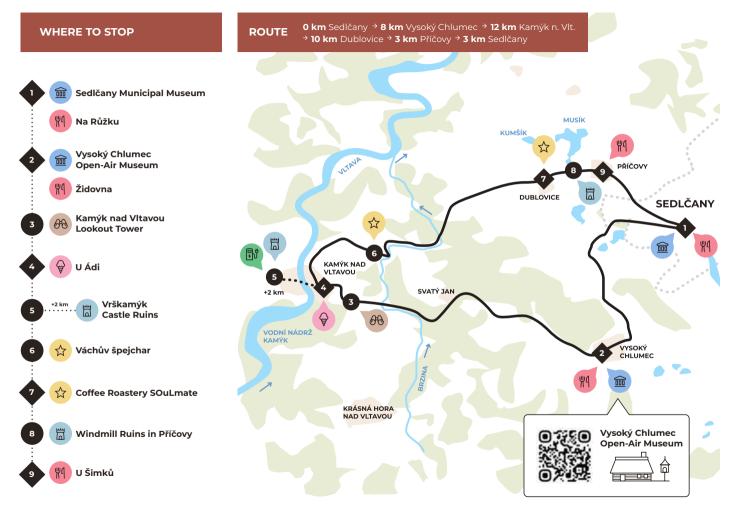














ALONG THE KRČÍN PATH TO MONÍNEC

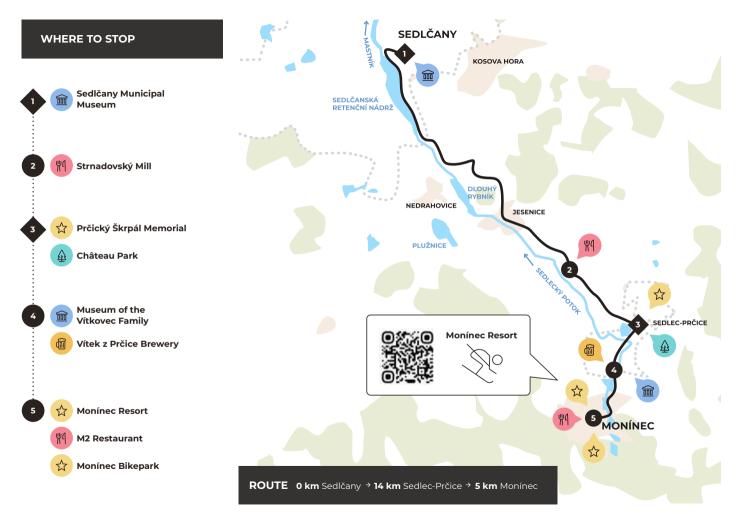


Take a pleasant 20-kilometre trip from Sedlčany to Monínec – a site full of fun for both kids and adults in all seasons. A part of the route will follow the new Krčín bike trail, named after the builder of ponds in the Sedlčany region and southern Bohemia. The asphalt path is wide enough to allow safe traffic in both directions. There are many attractive things to see along the path, so you won't be bored.





HEIGHT PROFILE 7 272 m 128 m

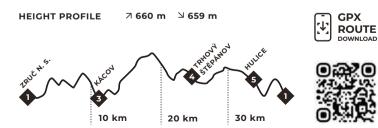




TRACKING WATER FROM ZRUČ NAD SÁZAVOU

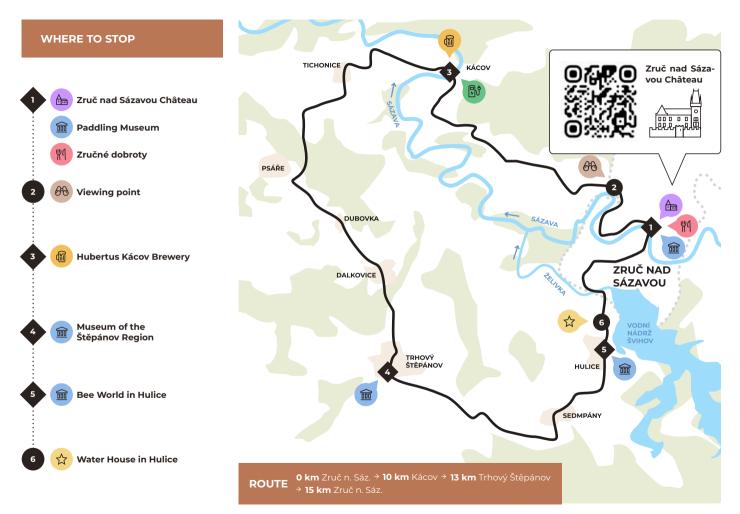


Zruč nad Sázavou with its château and park is an ideal starting point for a sightseeing bike trip. Those who will travel the nearly 40-kilometer distance will be rewarded at the end of the trip by an attractive visit to the Water House and Bee World and views over Švihov dam. First, however, you will learn about the history of boating and discover the story of the Sázava River at Zruč Château. At the brewery of Kácov, you will find out that water is liquid gold. Thanks to the many family activities, the trip can even be taken with more able--bodied children.







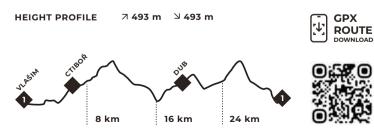




ROUND TRIP TO VLAŠIM

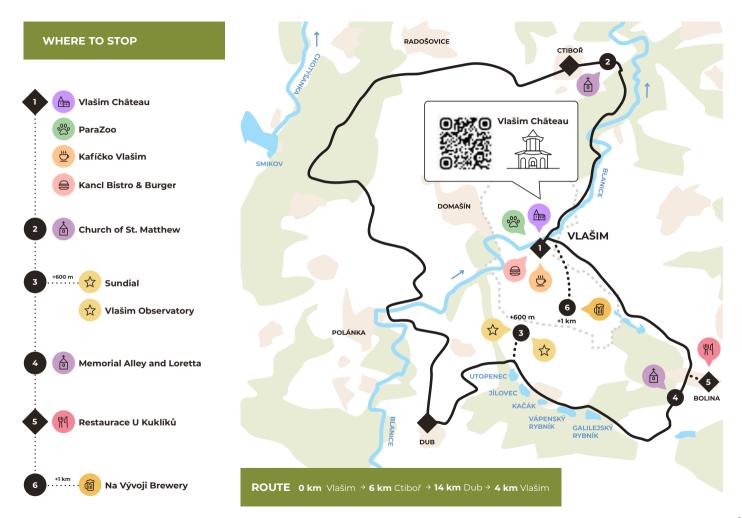


The cycling round trip will take you around the town of Vlašim. And while it may not be obvious at first sight, there is a lot to see. You will find a number of higher and lower hills, the impressive pilgrimage sites of Podblanicko and valleys with cascading ponds. If you are not too tired at the end of the trip, go to the castle park. Paths reserved for cyclists will take you to romantic structures dominated by the so-called Chinese Pavilion. In summer you can swap your bike for a horse-drawn carriage in the park to give your aching legs a break.











FROM BREWERY TO BREWERY ALONG THE BEROUNKA RIVER



This trip is bound to be a hit! Not only do you ride along asphalt roads through the Berounka River valley, but you will also come across 4 breweries along the way with a wide range of beer and soft drinks. What's more, the route starts and ends at train stations offering numerous train connections between Prague and Beroun. So, you can leave your car at home. Still not enough? Then add the First Republic villas, the Baroque château of Dobřichovice and the majestic royal castle of Karlštejn.

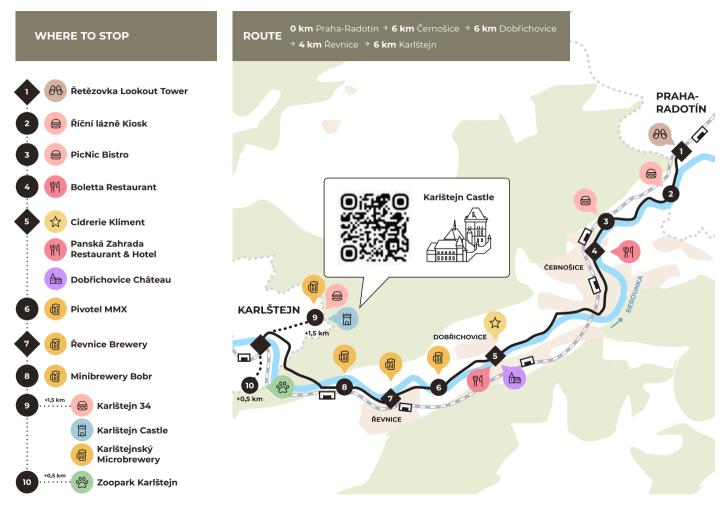














RIDE IN THE FOOTSTEPS OF BOHEMIAN KINGS



Two royal castles, Křivoklát and Karlštejn, are connected by history, the Berounka River and this medium-hard trip. First you have to ride through the wild forests of the Křivoklátsko region and then follow a path through the Berounka River valley. Take a cycling trail from Nižbor to Beroun, which is called In the Footsteps of Bohemian Kings. After Beroun, a short climb will take you to the mythical Tetín – a Přemyslid stronghold and the place where Saint Ludmila, a Bohemian princess, was murdered. From here, Karlštejn is just a stone's throw away.

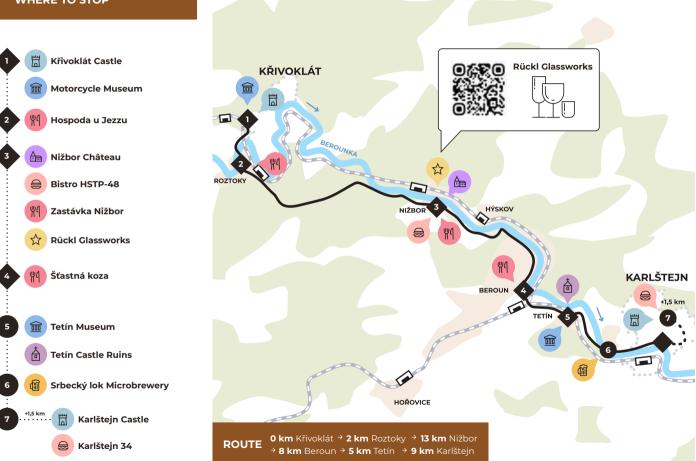








WHERE TO STOP

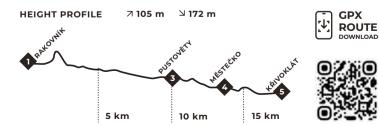




RAKOVNICKÝ BROOK VALLEY

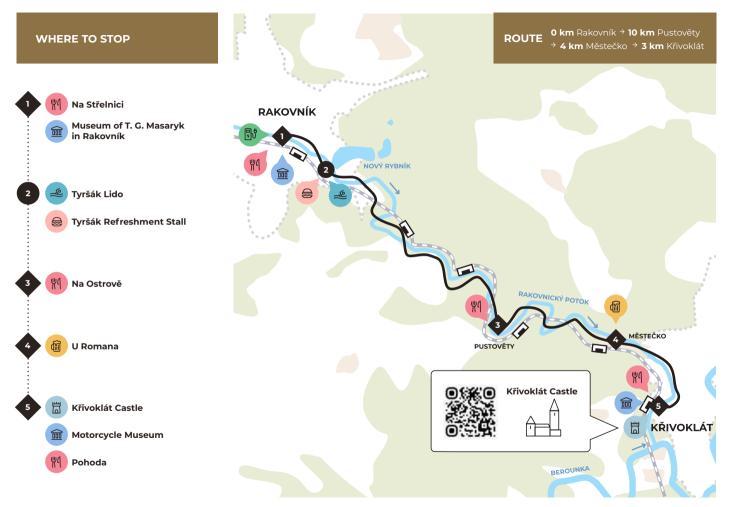


Even the youngest cyclists can easily ride along the Rakovnický Brook. The trip, which connects two royal places – the town of Rakovník and Křivoklát Castle, does not abound in a wide range of tourist destinations, but it boasts the beautiful nature of the Křivoklát Protected Landscape Area. If you take the trip with your kids, don't forget to stop at a set of playgrounds. You will find them in the shady woods above the royal forest.











RAKOVNÍK ROUND TRIP TO KRAKOVEC CASTLE

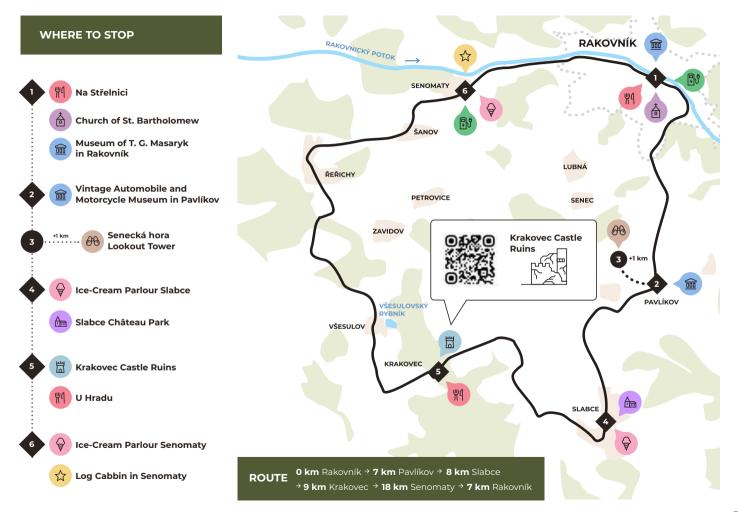


The Rakovník round trip takes you to a landscape where time seems to have stopped. But you have to first climb to the ruins of Krakovec Castle, the last refuge of Master Jan Hus before he left for Constance. You will then visit the area that used to be the Sudeten borderland. The proximity of the involuntarily occupied territory affected the shape of the local villages. The once prosperous villages with a broad range of craftsmen are now only remembered by typical countryside homesteads and often decaying agricultural buildings.







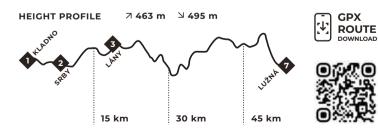




DISCOVERING OLD RAILWAYS



Hop on your bike and explore the sites where the first-ever horsedrawn railway operated in the former Prague territory. The line from Prague to Lány is the third oldest public railway in continental Europe. However, it wasn't the only railroad in the area. The next part of your journey takes you along a nature trail reminiscent of the famous forest railway. The climax of the entire trip is a visit to the largest Czech railway museum in Lužná near Rakovník, where your adventure ends.

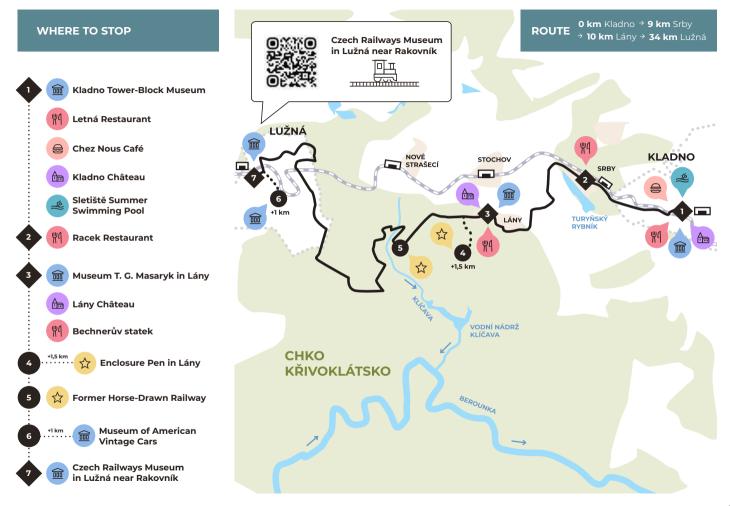










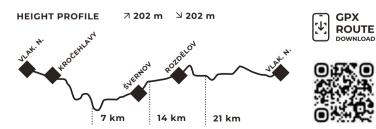




IN THE FOOTSTEPS OF MINERS AROUND KLADNO



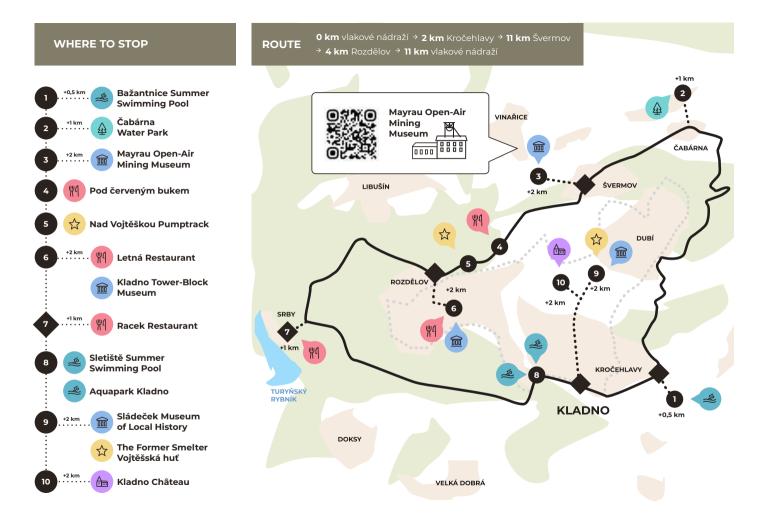
Kladno, the town of coal and iron, grew up on the mining industry. Get to know it and its surroundings with an easy route along mostly paved roads that will take you in the footsteps of miners and industrial monuments. One of them, for example, is the Mayrau Open-Air Mining Museum, which looks like the miners are coming for a shift in the evening even after more than 20 years. Did you know that coal in Kladno was found by a mole? The legend about it inspired Zdeněk Miler to create the iconic Krteček, the Little Mole.









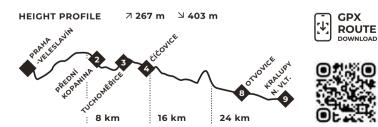




CYCLING AROUND OKOŘ



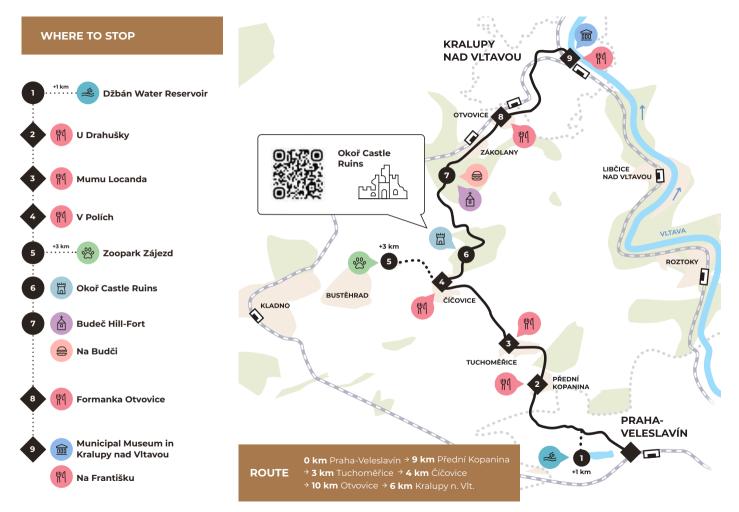
A popular old Czech song says that "There's a road to Okoř like no other..." You don't believe it? Just come and find out. You will go down more often than up if you take a medium-hard trail from Veleslavín in Prague. Okoř is situated approximately in the middle of the trip, and the way to the castle is lined with trees. From Okoř, the trail will take you through the Zákolanský Brook valley; after about a third of the route, you can take a detour to a Přemyslid hill-fort called Budeč, where you can see the oldest stone construction in Bohemia.













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